

Leicester Rowing Club Risk Assessment - Annex 1



Inexperience Scullers - Covid-19 Specific Risks

Identifying the Hazard	Who is at Risk?	Severity 1-5 "S"	Chance 1-5 "L"	Risk "S"x"L"	Control Measures-Reducing the Risk	Outcome after control
Injury or drowning due to capsize on landing stages due to inexperience of how to get in and out of the boat safely without someone on the bank holding the boats	Participants	5	3	15	<p>Use the explore singles rather than fine boats to minimise risk of capsize</p> <p>Experienced sculler/ bank supervisor to provide demonstration of safe boating/deboating technique whilst maintaining social distancing</p> <p>Experienced sculler/bank supervisor to watch and provide advice whilst inexperienced sculler practices boating/ deboating</p> <p>Use a bungee cord or similar to secure bank side rigger to landing stage whilst boating/deboating</p>	Low
Injury or drowning due to capsize following collision with the bank	Participants, particularly anyone with reduced neck mobility	5	3	15	<p>Use the explore singles rather than fine boats to minimise risk of capsize</p> <p>Supervision and steering advice to be provided from the bank by coach or another experienced sculler</p> <p>Scullers to stay on the straight and not go through West bridge</p> <p>Bank supervisor to carry a throw line at all times</p> <p>Information provided to scullers regarding the locations where it is most likely that gusts of wind will push them towards the bank</p>	Low

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Identifying the Hazard	Who is at Risk?	Severity 1-5 "S"	Chance 1-5 "L"	Risk "S"x"L"	Control Measures-Reducing the Risk	Outcome after control
Injury or drowning due to capsize following collision with other boats or external hazards	Participants, particularly anyone with reduced neck mobility	5	3	15	<p>Use the explore singles rather than fine boats to minimise risk of capsize</p> <p>Sculler to stay on the correct side of the river as far as possible and maintain a good look out. Where necessary sculler should shout warnings to faster boats catching them up</p> <p>Supervision, steering advice and look out to be provided from the bank by coach or another experienced sculler/ bank supervisor</p> <p>Scullers to stay on the straight and not go through West bridge</p> <p>Inexperienced scullers to go out when the river is quiet and there are few other boats on the water</p> <p>Bank supervisor to carry a throw line at all times</p> <p>Sculler to wear hi-vis top to increase visibility</p>	Low
Injury or drowning due to capsize as a result of difficulty landing the boat	Participants	5	3	15	<p>Use the explore singles rather than fine boats to minimise risk of capsize</p> <p>Supervision, steering advice and look out to be provided from the bank by coach or another experienced sculler/ bank supervisor</p> <p>If necessary, bank supervisor to catch the blade tip to pull them in. Use the blade length to maintain the 2m social distance between sculler and supervisor</p>	Low

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<p>Risk of infection from Covid-19 during rescue operations</p>	<p>Participants and bank supervisors</p>	<p>4</p>	<p>2</p>	<p>8</p>	<p>Bank supervisor to carry throw line and space blanket</p> <p>Ideally inexperienced scullers should be supported by a member of their own household who can assist with rescue operations should the need arise</p> <p>If 'household' support is not available, the bank supervisor should adopt the following procedure:</p> <p>It may be possible for the sculler to get back in to the boat under instruction. Bank supervisor to advise sculler how to right and get back into the boat. It may be easier to get the boat to the bank first and then get back in from the bank</p> <p>If this is not appropriate or is too challenging in the circumstances, the bank supervisor should throw a line to the sculler to pull both the sculler and the boat to the bank. Sculler to be careful to only touch the minimum length of rope possible</p> <p>Sculler to secure the rope to the boat, e.g. to the rigger. The bank supervisor to pull the boat to the bank – ideally to a low point on the tow path, such as under a bridge. Sculler should stay with and hold on to the boat during this process</p> <p>Once at the bank, sculler should climb out of the water, without hands on assistance from the supervisor if possible.</p> <p>If sculler is unable to pull themselves out of the river without help, the bank supervisor should provide support using the throw line to maintain 2m distance.</p> <p>With the sculler back on the bank, the boat should be retrieved by the parties on the bank. This could be by one of the parties sculling it back to the club or by lifting it from the river and carrying it back.</p> <p>Sculler should shower with plenty of soap using the facilities in the disabled changing rooms.</p> <p>All involved to wash their hands carefully when back at the boathouse and sanitise the throw line in a bucket of diluted household bleach and then leaving to dry in the boathouse</p>	<p>Low</p>
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Prepared by: _____ Name: _____ Position: _____ Date: _____

Reviewed By: _____ Name: _____ Position: _____ Date: _____

Approved by: _____ Name: _____ Position: _____ Date: _____

<p>Severity (S):</p> <ul style="list-style-type: none"> 5 Fatality 4 Serious injury (inc permanent) 3 Major injury (inc >3 day absence) 2 Minor injury (inc <3 day absence) 1 Trivial injury

<p>Likelihood (L):</p> <ul style="list-style-type: none"> 5 Certainty 4 Probable 3 Possible 2 Remote 1 Improbable

Control Plan

Very low risk	No action is required
Low risk	No additional controls are required. Consideration may be given to more effective solution or improvement
Medium risk	Efforts should be made to reduce the risk. Risk reduction measures should be implemented within a defined time period. Where the moderate risk is associated with harmful / serious consequences further assessment may be necessary to establish more precisely the likelihood of harm as a basis for determining the need for improved control measures.
High risk	The activity should not be started until the risk has been reduced. Considerable resources may have to be allocated to reduce the risk. Where the risk involves activity already in progress, urgent action should be taken.
Very high risk	Activity should not be started or continued until the risk has been reduced. If it is not possible to reduce risk even with unlimited resources, activity has to remain prohibited.