



## Code of conduct for parents and carers

**Note:** Where we refer to 'parents' we mean parents and or a responsible adult appointed by the parent, and confirmed in writing to the coach/es for their child.

The term 'children' or 'child' describes any person under the age of 18.

### As a parent of a child taking part in our club or activity, we'd like you to:

#### The essentials

- make sure your child has the right kit, food and drink for the session
- that your child arrives to sessions on time - inform us if you're running late or your child is going home with someone else
- make sure you are at the club when your child's session finishes
- complete all consent, contact and medical forms, and update us if anything changes make sure your child wears appropriate kit including high-viz and for cold or hot weather
- be respectful of everyone participating (coaches, volunteers, officials, young people, parents and other teams)
- build and maintain a relationship with your child's coach
- talk to us if you have any concerns about any part of your child's involvement, we'd love to hear from you!

#### Behaviour

- take time to talk to your child about their *sport or activity* what they want to achieve while taking part
- listen to our child if they say don't want to do something and ask them why - sudden changes in behaviour could indicate something bigger is going on
- behave positively and encourage your child and their peers let your child know you're proud of them
- respect and accept the official's judgment
- use social media and apps responsibly when communicating on LRC channels, in line with our code of conduct and policies
- talk to your child about embracing sportsmanship encourage your child to play by the rules
- ensure that your child understands their code of conduct
- parent and carers are expected to transport their own child to and from sessions and competitions, and are responsible for their child when rowing away from Leicester Rowing Club
- make sure you are aware and understand the requirements for your child boating and deboarding safely whether at the club or at other locations
- make sure you are aware how to use a throw line, and be prepared to supervise your child from the towpath if the coach or Junior Co-ordinator requires you to do so
- in accordance with best practice, ensure that qualified adults must always be present when children are participating in rowing and rowing related activities, such as land training. (*BR advice*)
- Coaches working with children should ensure that they do not work in isolation, and there should be at least two adults available when coaching children and young people. This is to protect both the child, as well as the coach, especially so that, in the case of an accident or injury there is always someone available to supervise the remaining children. (*BR advice*)
- At no point should a child be left unsupervised. If a child is sculling, they should only be doing so whilst supervised by a DBS checked coach, with a second adult available. (*BR advice*)



## As a parent, we understand you have the right to:

- be assured that your child is safeguarded during their time with us see any of our policies and procedures at any time on the LRC website
- know who the welfare officer and team is and have their contact details be involved and contribute towards decisions within our *club*
- be informed of problems or concerns that involve or affect your child
- know what happens if there's an accident or injury and how this will be dealt with be informed if your child is injured and see records of any incidents
- have your consent sought for anything outside of our initial consent form, such as permission for trips or photography
- have any concerns you may raise listened and responded to

We expect all parents to follow the behaviours and requests set out in this code. If any parent behaves in a way which contradicts any of the points set out above, we'll address the problem with the parent and aim to resolve the issue promptly.

Persistent concerns or breaches may result in parents being asked not to attend sessions and or competitions if their attendance is considered a risk to our young participants, volunteers, parents, and impact on others enjoyment.

**Continued issues and repeated breaches of this code may result in us regrettably asking your child to leave the activity, event or club permanently, something we never want to do.**

Signature of parent or carer: .....

Print name: .....

Date: .....

<https://www.britishrowing.org/about-us/policies-guidance/rowsafe/>

<https://www.britishrowing.org/events/entering-competitions/rules-of-racing/>

<https://www.leicester-rowing.co.uk>