

## **LEICESTER ROWING CLUB SAFEGUARDING AND WELFARE REPORT – AGM 2025**

The Safeguarding team is currently Kim Clark, Club Welfare Officer supported by Michelle Dempsey and Steve Bowyer. There are Notices in the Club House to advise members how to contact any member of the team.

During the year, the following policies were drawn up by the team, and agreed by the Committee. The policies will be subject to review every 3 years.

In the next year, the team will be working on a Code of Conduct for adult members (over 18 years), and the Grievance and Disciplinary Procedures to make sure they are up to date and comply with British Rowing requirements.

All the Leicester Rowing Club policies can be found on the LRC website <https://www.leicester-rowing.co.uk/members-area/>

- Safeguarding policy statement
- Code of conduct parents and carers
- Code of conduct children / young people 15+ yrs
- Code of conduct children /young people 12-15 yrs
- Consent form for under 18yrs attending events away
- Online safety and social media policy
- Changing room policy

### **Changing Room policy**

It is important all members are aware of the Changing Room Policy and Guidance. The changing facilities at LRC are shared by all members. In addition, during sessions shown on the Summer / Winter club timetable, they may also be used by Castle Mead Academy Rowing Club, Leicester University Boat Club, West End Runners and for visually impaired adults and juniors. For 10 minutes at the start and finish of the junior sessions on the timetable, the use of changing rooms will be restricted to juniors only, and adults must use the Accessible/Disabled facilities. Outside the summer and winter session times, the boat booking form must be used for by all members to ensure that they are aware if any juniors or children will be using the clubhouse. A clock and whiteboard will be displayed in the boathouse so that all members are aware of the times to comply with the policy for safeguarding and welfare purposes.

### **DBS**

We have a new system now called Know Your People that facilitates the checking of documents for the DBS certification. As it is very different from the previous check service and is not yet running smoothly, Graham and I are creating a DBS Verification step by step guide to refer to if others need to use this system.

### **Men's Mental Health**

We have started to enquire about getting the club listed as Mental Health Aware. Anne and I attended an online meeting with Gillian Haluch focusing on Men's mental health and that then generated getting together at the club with the people listed below to discuss various issues. We are meeting on Monday 24 November 2025 at 2.30pm so the Community Safety Team and the two of us will walk along the towpath and talk about what is happening.

Kim Clark  
Club Welfare Officer  
20<sup>th</sup> November 2025