

Junior representative report 2023

Firstly, I would like to thank everyone on the committee for all of the hours dedicated to making rowing and racing away possible for the juniors. I would particularly like to thank Liz and Ang for coaching the juniors and running three sessions a week. I would also like to give my thanks to Howard, Sally and Tim for coaching the juniors along the bank as well as all of the coaches and other members of the club, especially Alex, for dedicating time and effort for the juniors to have the opportunity to race.

The juniors have completed another fantastic year of training and racing:

➤ Nottingham head of Trent

Op. 4X beginners (Isaac, Oleksii, Josh and Igor)

➤ Leicester Regatta

Op. 2X band 2 (Josh and Lucas)
WJ15 1X (Eleanor)

➤ Shrewsbury regatta

WJ15 1X (Eleanor)

➤ Burton Regatta

J15 1X (Igor)

➤ Burton sprint

WJ15 1X (Eleanor)
J15 1X (Igor)
WJ16 2X (Imogen and Fran)

➤ St Neots sprint regatta

J15 1X (Igor)

➤ We also had juniors representing East Midlands in the junior Inter regional regatta this year:

WJ15 1X (Eleanor)
J16 4X (Igor, Isaac, Oleksii and Henry)
WJ16- (Imogen and Fran in a composite four)

- Finally, we had Eleanor and Igor representing Leicester at the Peterborough Junior Championships:

WJ15 1X (Eleanor) - awarded silver

J15 1X (Igor)

It has been really great to see the progress of the Castle Mead students over the course of the last academic year. They have been attending regular Monday and Thursday sessions ran by Teddy, Stanley, Howard and Liz and will now be ran by Sophie. The sessions have been successful and we have had some new members to the Juniors from the Academy. These new juniors have already participated in races, we are very happy to see them enjoying the sport.

We have run a couple of learn to row sessions over the year, a big thank you to the coaches and juniors who helped out with these sessions. As a result of these sessions, we have had some new juniors join the club.

I would like to thank Rhian and Hazel for organising the club annual dinner this year. It was a fantastic evening and it was lovely to see the club coming together and enjoying the social evening, it was great fun and enjoyed by all.

The club Christmas races were great fun last year, it was great to see the whole club coming together racing. In addition to this, we had a smaller junior race evening on the ergos. It was great to see the newer and less experienced juniors racing together.

Thank you for having me as junior rep, it has been an honour and I have learnt so much. The behind the scenes work that the committee do is incredible which I could only appreciate as junior rep. I have no doubt that the new junior rep will do a great job on the committee.

Riyaa Sandhu

Junior Rep

28th