

Junior Representative Report 2020

Firstly I'd like to say well done to everybody for doing a great job in keeping the club going, whether that was rowing, coaching, organising or helping to keep the club up and running during the Covid-19 Pandemic. It has been great to hear that lots of people have stayed involved in many ways and it seems that the club has been working together and it has brought the members closer as a whole.

Although I have been a bit distance during this time, I have heard lots of great things about the juniors and how they've been getting on throughout.

I would like to mention the races that the juniors have taken part in before lockdown:

- Anchlome Head

OJ16 1X (James)

WJ16 1X (Blythe)

- Saturday 16th November-Head of the Soar.

WJ15 2X (Phoebe and Emma)

WJ16 2X (Lydia and Kathryn)

J16 4X (Teddy, Stanley, Leonard and Sam)

J15 2X (Ethan and Edward)

WJ16 4X+ (Emma, Kathryn, Fait, Lydia, Cox-Autumn)

J16 2X (Teddy and Sam)

- Nottingham Autumn Head

W 1X (Lauren) Fastest Womens Single Sculler

Everyone competed really well and got some really great times.

- Newark Head

OJ16 1X (James)

W 1X (Lauren) Fastest Woman Single Sculler and 2nd Fastest Sculler overall

W Band1 1X (Becky)

- Saturday 18th January- Northampton Head.

J15 4X+ (Perran, Lucas, Edward, Ethan, Cox-Freya)

J16 4X (Teddy, Stanley, Leonard and Sam)

WJ15 4X+ (Emily, Phoebe, Fait, Riyaa, Cox-Autumn)

WJ16 2X (Lydia and Kathryn)

J16 2X (Teddy and Stanley)

J16 2X (Sam and Leonard)

J15 2X (Ethan and Edward)

J17 4X+ (Phoebe, Kathryn, Fait, Lydia, Cox-Autumn) **Winners**

Everyone else did really well at competing and they all had some really good experience and times.

- Saturday 25th January- East Midlands Inter-Regional Time Trial.

J16 1X (James)

WJ16 1X (Blythe)

WJ15 1X (Fait)

J15 2X (Ethan and Edward)

WJ16 2X (Kathryn and Thomasin-Loughborough)

J16 4X (Teddy, Stanley, Leonard, Sam)

No wins from the junior squad crews but placings resulted in being asked to form a J16 8+ with 2 boys from Derwant Rowing Club and 1 from Notts County RA. They had a couple of training sessions before entering Lincoln Head.

- Peterborough Head

OJ16 1X (James)

WJ18 1X (Becky)

- Sunday 15th March- Lincoln Head Race

WJ15 1X (Fait)

J16 4X (Teddy, Stanley, Leonard and Sam)-didn't win but had the fastest Leicester Rowing Club Crew over the course.

J15 4X (Perran, Ethan, Lucas, Edward)

W 4X (Caroline Peck, Kathryn, Autumn, Lydia) **Winners of Band 2**

J16 8+ (Ethan, Sam, Andy MacDonald-NCRA, Leonard, Teddy, Barnaby Allen, Jake Smith/Beard-both from Derwant, Stanley, Cox-Hazel) Time only entry with a great performance and they all had great fun and added experience.

OJ16 1X (James) Fastest Single Sculler Overall

WJ16 1X (Blythe)

WJ15 1X (Fait)

Well done to everyone that raced!

Unfortunately, due to the current circumstances the Junior Rowing Week-usually run by Myself, Oliver Talbot, Joanne Talbot, with extra help from numerous members of the club-was unable to go ahead. This is usually where we get some more junior members and allow for existing members to help out and get more experience as well as have fun rowing.

However, during the October Half Term, daytime junior rowing was organised thanks to Clare Wildin, Emma Stewart and Liz Pulford. This was really great as the juniors had more of an opportunity to get down to row during their time off school. It also gave them some great coaching mainly by Alex Wellings, Sophie Connolly and Howard Marsh. Thank you to all of those involved in helping out our juniors during this week.

As soon as lockdown gave us the opportunity to get back to rowing lots of the juniors came back and were very eager to be getting back onto the water. Because of the Covid restrictions and to protect the health of our members, only single sculling was able to start up. However, from hearing lots of positive comments, I believe that this really helped our junior members to increase their capability and willingness to try to develop their skills on their own. All the juniors who came back and started to get out in singles, really started to enjoy the opportunity as well as something they possibly haven't done/been able to do before the current situation. I really believe that this would have brought out their true talent and their potential as rowers, whether that's for fun, or competitively.

Because of the new found love of singling that the juniors seem to have, this has meant that most of the singles are being used, meaning the club might have to look at purchasing some new ones/ trying to manage who is using them and when. Although this means that money might have to be spent for those wanting to train, as well as those wanting to race in singles, it is also a very positive thing for those athletes as individuals, as they will be really working on their own rowing and seeing their strengths and weaknesses and overcoming those.

It has been amazing to hear about how the juniors have come along during this time and just how much they've still enjoyed rowing-despite it being so different during the Pandemic. I am also sorry to see that some of our juniors haven't decided to come down as often or even at all, but I hope they will show their faces again as we will miss every single one of them I'm sure.

Lastly, I would just like to say thank you for everyone's help and support for these last years of me being Junior Rep, and that I've really enjoyed taking on the role and all of the responsibility that comes with it. I have absolutely loved being involved with everything, from coxing, coaching, rowing myself and believe it or not, going to all of the committee meetings that I attended. I am so proud to see how everyone has grown up over these past 3 years and just how much they have improved as rowers but also how much they have grown as individuals! I have felt really

privileged to have been Junior Representative for the past 3 years and although I am sad that it has come to an end, I really think that both Lydia and Phoebe will bring so much to the committee and will help and support the juniors the best they can. I would like to say good luck to them and just try your best, and I'm here if you need to ask anything at all-rowing related or not. It has been a joy to be part of the committee and the junior /womens squad and I hope everything carries on being as great as it has been.

Thank you for reading my Junior Representative report 2020. Please feel free to ask me any questions or mention anything else about the juniors that you feel is relevant. I hope I have mentioned the majority of things that were relevant to this last year, but if not I am quite happy for anyone to add any extras.

Freya Talbot.