

# Leicester Regatta – Sunday 21st April 2024

## **Event Information**

### **Arrival and Parking**

Leicester Rowing Club Upperton Road Leicester LE2 7AU

**Sat Navs** – The LE2 7AU postcode tends to find the boathouse address correctly.

Google Street View - <a href="https://goo.gl/maps/J2nkCMWPwoF2">https://goo.gl/maps/J2nkCMWPwoF2</a>

What3Words = <a href="https://what3words.com/online.curry.caked">https://what3words.com/online.curry.caked</a>

### **Bridgeworks**

A new bridge is being installed over the River Soar and as a result, there are lane alterations on the final approach to Leicester Rowing Club down Upperton Road. The traffic still moves relatively freely and your route into the club around Liberty Island remains unchanged.

#### **Trailer Parking**

We are providing secure overnight trailer parking for those that can drop their trailer off on the day before. We recommend you take up this offer, contact us on <a href="mailto:regatta@leicester-rowing.co.uk">regatta@leicester-rowing.co.uk</a> to arrange the details of when you will be arriving.

Limited trailer parking is available onsite. No towing vehicles are to be left onsite and must be removed to the competitors' car park below. It helps us immensely to know if you are bringing a trailer so please get in touch via <a href="mailto:regatta@leicester-rowing.co.uk">regatta@leicester-rowing.co.uk</a> so we can allocate you a space.

If you are towing a trailer or carrying boats on roof racks come to the club gates and our marshals will direct you. We will either find you a space inside the club grounds or at a nearby location we have arranged with our neighbours.

Adaptive competitors should come to the club gates and our marshals will direct you to your designated parking space.

#### **Car Parking for competitors and spectators**

Due to space restrictions, **no cars** are allowed into the club carpark. We have arranged ample parking at a nearby carpark provided by Leicester City Football Club.

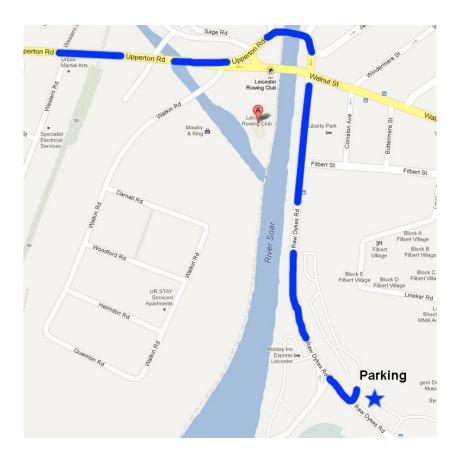
Adaptive competitors should come to the club gates and our marshals will direct you to your designated parking space.

The blue route below shows the route from our club to the car park.

This car park is opposite the football stadium, named Car Park 'C'. The route will be marked with yellow 'Car Park' signs on the day.

Google Street View - <a href="https://goo.gl/maps/aAQAspBVofqvZaRJA">https://goo.gl/maps/aAQAspBVofqvZaRJA</a>

What3Words - https://what3words.com/sunset.frozen.cute



# **Toilets and Changing Rooms**

Male, female and disabled changing facilities and showers are available on the first floor. We request that the showers are used only in the event of an emergency.

Toilets are available outside behind the club, to the south side of the clubhouse. Please ask a member of Leicester Rowing Club if you need help finding the facilities or if they require attention or cleaning. Please ensure you leave the facilities as you would like to find them and have respect for the other attendees at this year's event.

Hand washing facilities are available in the outdoor toilets and the changing rooms on the first floor. Hand sanitiser is available in the boat house at the top of the metal stairs that lead into the wider club house, in the main foyer and at the top of the main stairs.

### **Registration and Facilities**

Registration will take place in the shed at the side of the clubhouse, the other side of the railings from the regatta finish. Your 'Competitor's (Safety) Information' provides details about this.

An extensive range of food and refreshments is available upstairs in the clubhouse.

### **Spectators and Supporters**

Leicester Regatta is an ideal event for spectators, with a towpath right next to the action along the full length of the regatta course. We welcome supporters to watch our event and enjoy the hospitality available in the club house. Drones must not be used to follow races. Spectators are reminded to take care when passing under the low bridges on the towpath. We ask that coaches and spectators **DO NOT** cycle alongside races because of the hazard that this causes to other spectators and members of the public.

#### **Prize Giving**

There will be no formal prize giving at the end of the day. Winners are encouraged to present themselves at registration to complete the formalities and to collect their 'pots' as soon as possible after they have finished racing.

### **Reporting of Incidents**

Any incidents including potential and actual injury or damage to individual or equipment, must be reported to the CoRSA and the event organiser. The CoRSA can be contacted via the registration tent or via the mobile number listed below. Incidents be entered into an incident book and logged onto the British Rowing reporting system.

#### **First Aid Arrangements**

First Aid cover will be provided by certified first aiders who can be contacted via registration. First Aid boxes are also situated in the boat store and the kitchen. A defibrillator is available at the entrance gates and the CoRSA will also carry one.

#### **Doping Control**

By entering this regatta all competitors acknowledge that they might be tested by UKAD for violation of any of the UK Anti-Doping Rules in accordance with Rule 1.8 and Appendix A of the British Rowing Rules of Racing.

#### **Event Contacts:**

Welfare Officer and Chair of the Organising Committee	Liz Pulford	07801775346
Competition Rowing Safety Advisor (CoRSA)	Tim Walton	07980754524
Race Committee Chair (RCC)	Sally Horrocks	07505443375
Facilities Coordinator	Rob Fox	07714321923