

# Leicester Regatta – April 22nd 2018

## Competitor Information and Safety Instructions

### Arrival and Parking

Leicester Rowing Club

Upperton Road

Leicester

LE2 7AU

**Sat Navs** – The LE2 7AU postcode tends to find the boathouse address correctly

**Google Street View** - <https://goo.gl/maps/J2nkCMWPwoF2>

### Trailer Parking

We are providing secure overnight trailer parking for those that can drop their trailer off on the day before. We recommend you take up this offer, contact us on [regatta@leicester-rowing.co.uk](mailto:regatta@leicester-rowing.co.uk) to arrange the details of when you will be arriving.

Limited trailer parking is available onsite, no towing vehicles are to be left onsite and must be removed to the competitors car park below. It helps us immensely to know if you are bringing a trailer so please get in touch via [regatta@leicester-rowing.co.uk](mailto:regatta@leicester-rowing.co.uk) so we can allocate you a space.

If you are towing a trailer or carrying boats on roof racks come to the club gates and our marshals will direct you. We will either find you a space inside the club grounds or at a nearby location we have arranged with our neighbours.

Adaptive competitors should come to the club gates and our marshals will direct you to your designated parking space.

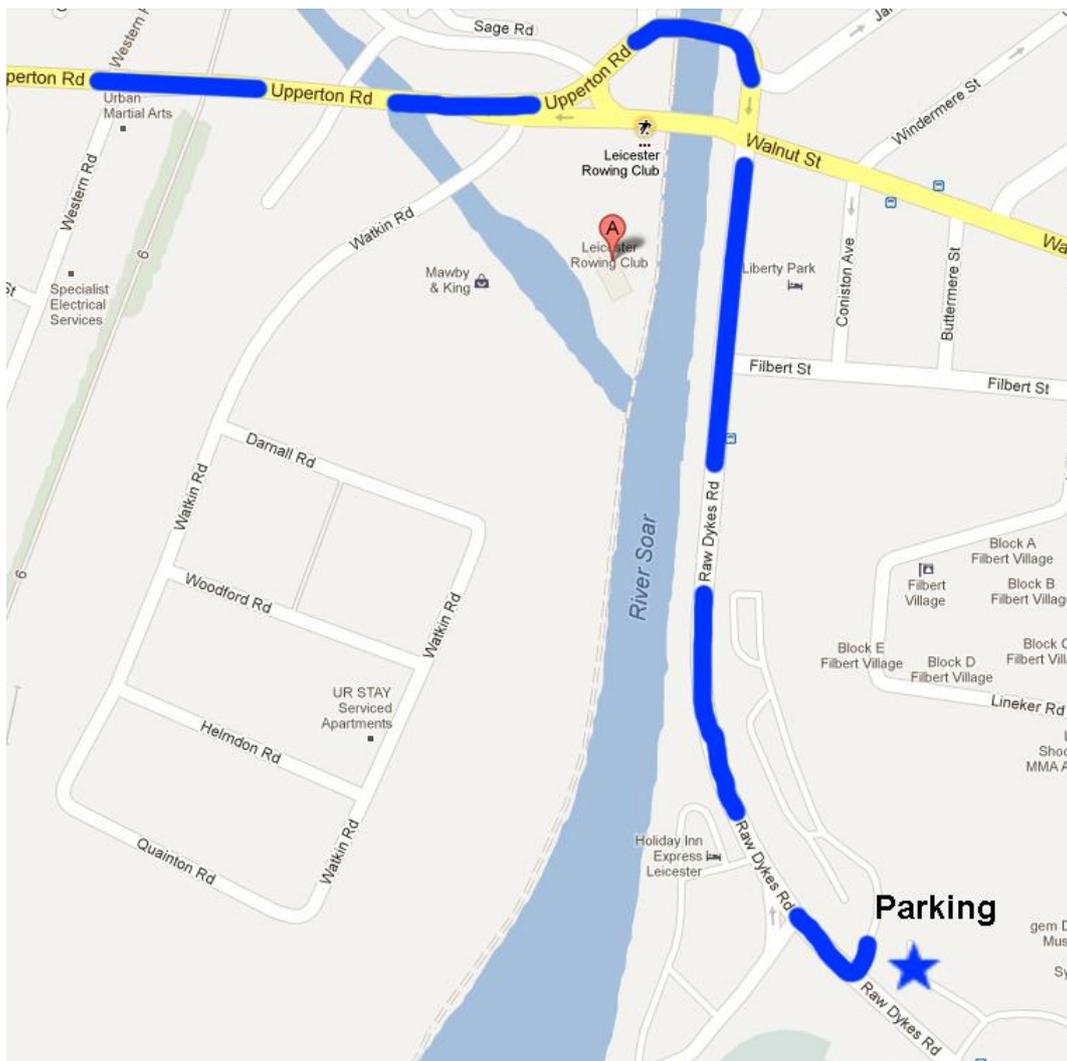
## Car Parking for competitors and spectators

Due to space restrictions **no cars** are allowed into the club carpark. We have arranged ample parking at a nearby carpark provided by Leicester City Football Club.

Adaptive competitors should come to the club gates and our marshals will direct you to your designated parking space.

The blue route below shows the route from our club to the car park.

This car park is opposite the football stadium, named Car Park 'C'. The route will be marked with yellow 'Car Park' signs on the day.



## **Registration and Facilities**

Registration will take place in the shed at the side of the clubhouse, the other side of the railings from the regatta finish. All competitors must present valid British Rowing Membership card with photo, before numbers will be issued. Photo ID will be required in the absence of a racing licence Membership Card.

Toilets (including disabled) and changing rooms are available inside the clubhouse. Please do not use clubhouse toilets as a wet bin as this will damage our sewage system. Additional toilet facilities are provided in the club car park.

An extensive range of refreshments is available upstairs in the clubhouse.

## **Spectators and Supporters**

Leicester Regatta is an ideal event for spectators, with a towpath right next to the action along the full length of the regatta course. We welcome supporters to watch our event and enjoy the hospitality available in the club house. Drones must not be used to follow races. Spectators are reminded to take care when passing under the low bridges on the towpath.

## **Race Details and Administration**

Leicester Regatta is run on a batch system because the river is not wide enough for crews to row down the course while a race is in progress. Batches are sent to the start every half hour. You should be ready to boat 30 minutes before the time of your batch. Batches will also be called to boat by the PA announcer and a board with the number of the batch currently boating will be display in the boating area.

Race rescheduling is extremely unlikely given our batch race format. In case of emergencies on the day, find your opposition and come to the registration shed.

Weigh in for coxes is situated by the boathouse doors. If there is no umpire on duty please approach a member of Control Commission for assistance.

Please check your equipment prior to proceeding to the boating area.

## **Boating and Marshalling**

Crews will be asked to confirm that their boats conform to the minimum required standards before going afloat. The emphasis is on clubs to present boats that conform to the rules of racing. In addition, Umpires on Control Commission will carry out random checks before boating. No crew that fails these checks will be permitted to go afloat. Late boating due to failure at Control Commission will not be accommodated.

On leaving the landing stages crews proceed towards the towpath footbridge. Marshalls on the bridge will tell them when it is safe to proceed onto the main canal which they will cross to the city side and turn to STARBOARD (coxwain's right i.e. away from the finish line).

Once on the main canal crews will proceed towards the lock on the city side before spinning and waiting with bows pointing towards the start. There is a limited area below the finish where boats will be marshaled. It is not possible to warm up in this area. Crews are able to warm up while rowing up to the start.

Marshalls will instruct crews when to row down to the start. After they have passed through the bridge at the start (Newarke Bridge) they follow the instructions of the marshal who tells them when to spin and lines crews up in race order. Crews must not pass through West Bridge. Crews will be called to the start by the marshal.

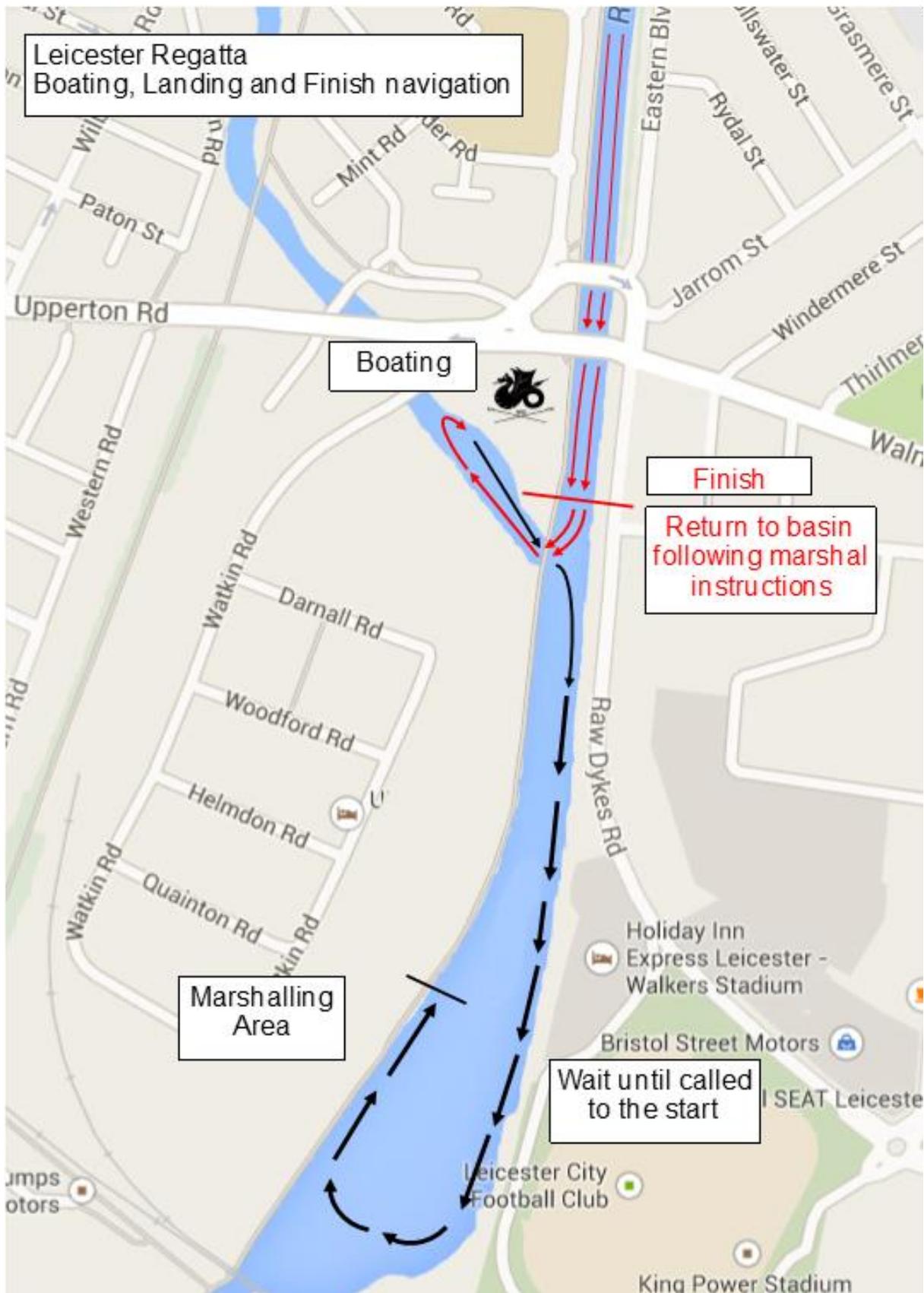
At the start a line of buoys mark the line between the two lanes.

Due to the restricted width of the canal, lining up can be difficult if there is a cross wind. Crews are asked to listen to and comply with the instructions given by the marshals and start umpire.

There are three bridges across the canal on the racing course and they are narrower than the general course. Coxes must ensure that they follow their racing line through them and allow a safe course to be steered by their opposition. As a local rule for Leicester Regatta, umpires located at bridges are allowed to shout steering instructions to junior crews if they are in danger of hitting the bridge or towpath. Other crews may be told to stop. The approach to the narrowest bridge other narrow points and any nesting swans will be buoyed. The centre of each lane is marked by suspended striped poles on each of the bridges.

The finish is opposite the scaffold platform over the edge of the canal and is marked by a line of bunting. Crews are instructed not to stop immediately on the finish line as there may already be another race following down the course. They should continue for a few strokes before stopping and preparing to enter the basin when instructed to do so by a marshal.

Marshals on the foot bridge over the basin entrance will instruct crews to enter the basin when it is clear to do so. No crew should enter the basin until instructed to do so.



There are some areas of shallow water, in particular some areas of the boating basin and the area immediately downstream of Freeman's Lock in the pre-batch handling area. Buoy

will mark these areas and marshalls will be stationed on the towpath to remind crews of this and they are asked to **make themselves familiar with these potential hazards before boating.**

#### **Please Note:**

The course is on a canal and subject to the occasional passage of barges and other river craft. Racing may be suspended to allow the passage of these over the regatta course. Competitors need to take care when barges are passing through the marshalling areas above the start and below the finish.

Due to the possible risk from leptospirosis it is requested that coxes and novice winners are not thrown into the water in the basin. Buckets are available in the boathouse if a dousing is appropriate!

#### **Prize Giving**

There will be no formal prize giving at the end of the day. Winners are encouraged to present themselves at registration to complete the formalities and to collect their 'pots' as soon as possible after they have finished racing.

#### **Reporting of Incidents**

Any incidents including potential and actual injury or damage to individual or equipment, must be reported to the EWSA and the event organiser. The EWSA can be contacted via the registration tent or via the mobile number listed below. Incidents be entered into an incident book and logged onto the British Rowing reporting system.

#### **First Aid Arrangements**

First Aid cover will be provided by a team of certified first aiders based in the gym in the clubhouse. First Aid boxes are also situated in the boatstore and the kitchen. A defibrillator is held at Registration. If you need help locating First Aid assistance please go to Registration.

#### **Doping Control**

By entering this regatta all competitors acknowledge that they might be tested by UKAD for violation of any of the UK Anti Doping Rules in accordance with Rule 1.8 and Appendix A of the British Rowing Rules of Racing.

#### **Event Contacts:**

Welfare Officer and Chair of the Organising Committee	Liz Pulford	07813941123
Water Safety Advisor	Sally Horrocks	07505443375
Registration		
Chairman of the Race Committee	Tim Walton	07980754524
Facilities Coordinator	Rob Fox	07714321923