

Leicester Regatta – April 28th 2019

Competitor Information

Arrival and Parking

Leicester Rowing Club
Upperton Road
Leicester
LE2 7AU

Sat Navs – The LE2 7AU postcode tends to find the boathouse address correctly

Google Street View - <https://goo.gl/maps/J2nkCMWPwoF2>

Trailer Parking

We are providing secure overnight trailer parking for those that can drop their trailer off on the day before. We recommend you take up this offer, contact us on regatta@leicester-rowing.co.uk to arrange the details of when you will be arriving.

Limited trailer parking is available onsite. No towing vehicles are to be left onsite and must be removed to the competitors car park below. It helps us immensely to know if you are bringing a trailer so please get in touch via regatta@leicester-rowing.co.uk so we can allocate you a space.

If you are towing a trailer or carrying boats on roof racks come to the club gates and our marshals will direct you. We will either find you a space inside the club grounds or at a nearby location we have arranged with our neighbours.

Adaptive competitors should come to the club gates and our marshals will direct you to your designated parking space.

Car Parking for competitors and spectators

Due to space restrictions **no cars** are allowed into the club carpark. We have arranged ample parking at a nearby carpark provided by De Montfort University. Note this is a change of carpark from 2018.

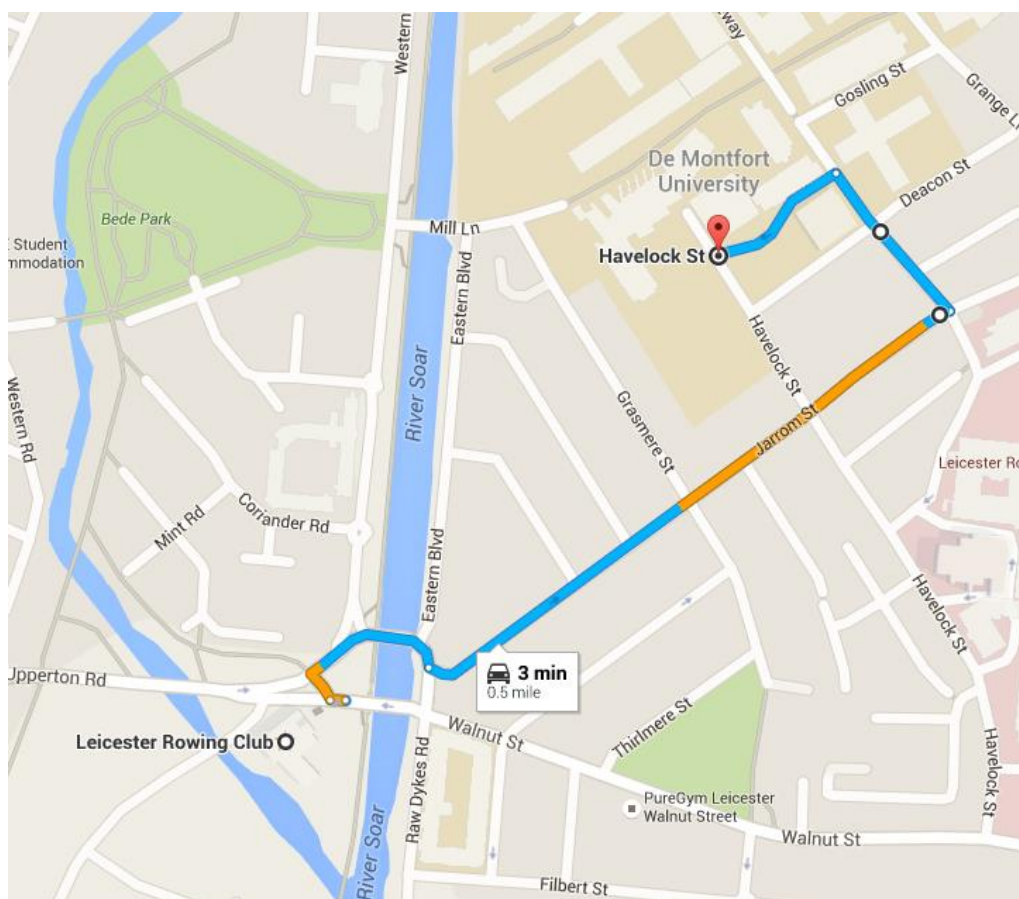
The blue route below shows the route from our club to the car park. The route will be marked 'Regatta parking' on the day.

Notice of clash with Leicester City Football game in 2019

Thanks to a rescheduled match due to results on the 18th April, Leicester regatta now clashes with a Leicester City football match. With kick off at 12noon we expect the large majority of trailers, cars and competitors to be place before any football fans arrive. However, expect high numbers of pedestrians walking past the entrance to our club grounds from 10:30am, please plan accordingly and take extra care when moving boats and equipment.

The blue route below shows the route from our club to the car park accessed via The Gateway and Havelock Street. The route will be marked 'Regatta parking' on the day and will be staffed for the duration.

Postcode for Sat Navs **LE2 7DP**. Google street view : <https://goo.gl/maps/f8ffk26YpSs>



Registration and Facilities

Registration will take place in the shed at the side of the clubhouse, the other side of the railings from the regatta finish. **All competitors must present valid British Rowing cards with photo, before numbers will be issued.**

Toilets (including disabled) and changing rooms are available inside the clubhouse. Please do not use clubhouse toilets as a wet bin as this will damage our sewage system. Additional toilet facilities are provided in the club car park.



An extensive range of refreshments is available upstairs in the clubhouse.

Spectators and Supporters

Leicester Regatta is an ideal event for spectators, with a towpath right next to the action along the full length of the regatta course. We welcome supporters to watch our event and enjoy the hospitality available in the club house. Drones must not be used to follow races. Spectators are reminded to take care when passing under the low bridges on the towpath.

Race Details and Administration

Leicester Regatta is run on a batch system because the river is not wide enough for crews to row down the course while a race is in progress. Batches are sent to the start every half hour. Crews should be ready to boat 30 minutes before the time of their batch. Batches will also be called to boat by the PA announcer and a board with the number of the batch currently boating will be display in the boating area.

Race rescheduling is extremely unlikely given our batch race format. In case of emergencies on the day, find your opposition and come to the registration shed.

Weigh in for coxes is situated by the boathouse doors. If there is no umpire on duty please approach a member of Control Commission for assistance.

Please check your equipment prior to proceeding to the boating area.

Boating and Marshalling

Crews will be asked to confirm that their boats conform to the minimum required standards before going afloat. The emphasis is on clubs to present boats that conform to the rules of racing. In addition, Umpires on Control Commission will carry out random checks before boating. Crews that fail these checks will not be permitted to go afloat. Late boating due to failure at Control Commission will not be accommodated.

On leaving the landing stages crews proceed towards the towpath footbridge. Marshals

on the bridge will tell them when it is safe to proceed onto the main canal which they will cross to the city side and turn to STARBOARD (coxwain's right i.e. away from the finish line).

Once on the main canal crews will proceed towards the lock on the city side before spinning and waiting with bows pointing towards the start. They should not pass the marker to avoid mixing with crews who have finished racing. Crews are able to warm up while rowing up to the start.

Marshals will instruct crews when to row down to the start. After they have passed through the bridge at the start (Newarke Bridge) they follow the instructions of the marshal who tells them when to spin and lines crews up in race order. Crews must not pass through West Bridge. The marshal will call crews to the start.

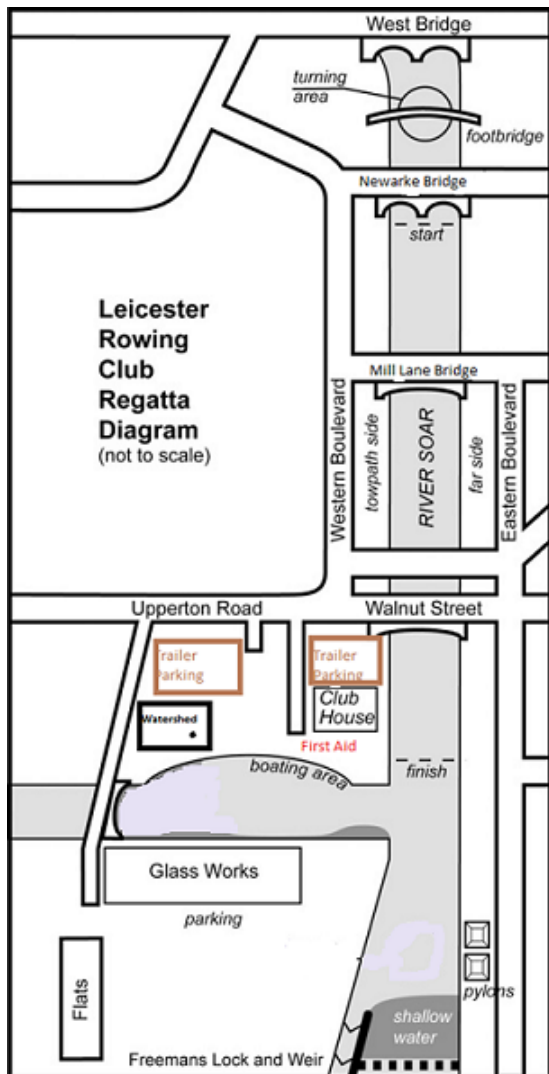
At the start a line of buoys mark the line between the two lanes.

Due to the restricted width of the canal, lining up can be difficult if there is a cross wind. Crews are asked to listen to and comply with the instructions given by the marshals and start umpire.

There are three bridges across the canal on the racing course and they are narrower than the general course. Coxes must ensure that they follow their racing line through them and allow a safe course to be steered by their opposition. As a local rule for Leicester Regatta, umpires located at bridges are allowed to shout steering instructions to junior crews if they are in danger of hitting the bridge or towpath. Other crews may be told to stop. The approach to the narrowest bridge other narrow points and any nesting swans will be buoyed. Striped poles suspended from the bridges mark the centre of each lane.

The finish is opposite the scaffold platform over the edge of the canal and is marked by a line of bunting. Crews are instructed not to stop immediately on the finish line as there may already be another race following down the course. They should continue for a few strokes before stopping and preparing to enter the basin when instructed to do so by a marshal.

Marshals on the footbridge over the basin entrance will instruct crews to enter the basin when it is clear to do so. No crew should enter the basin until instructed to do so.



There are some areas of shallow water, in particular some areas of the boating basin and the area immediately downstream of Freeman’s Lock in the pre-batch handling area. Buoys will mark these areas and marshals stationed on the towpath will remind crews of this. Crews should **make themselves familiar with these potential hazards before boating.**

Please Note:

The course is on a canal and subject to the occasional passage of barges and other river craft. Racing may be suspended to allow the passage of these over the regatta course. Competitors need to take care when barges are passing through the marshalling areas above the start and below the finish.

Due to the possible risk from leptospirosis it is requested that coxes and novice winners are not thrown into the water in the basin. Buckets are available in the boathouse if a dousing is appropriate!

Prize Giving

There will be no formal prize giving at the end of the day. Winners are encouraged to present themselves at registration to complete the formalities and to collect their 'pots' as soon as possible after they have finished racing.

Reporting of Incidents

Any incidents including potential and actual injury or damage to individual or equipment, must be reported to the ERSA and the event organiser. The ERSA can be contacted via the registration tent or via the mobile number listed below. Incidents be entered into an incident book and logged onto the British Rowing reporting system.

First Aid Arrangements

First Aid cover will be provided by certified first aiders who can be contacted via registration. First Aid boxes are also situated in the boatstore and the kitchen. A defibrillator is available at the entrance gates.

Doping Control

By entering this regatta all competitors acknowledge that they might be tested by UKAD for violation of any of the UK Anti Doping Rules in accordance with Rule 1.8 and Appendix A of the British Rowing Rules of Racing.

Event Contacts:

Welfare Officer and Chair of the Organising Committee	Liz Pulford	07801775346
Event Rowing Safety Advisor	Sally Horrocks	07505443375
Chairman of the Race Committee	Tim Walton	07980754524
Facilities Coordinator	Rob Fox	07714321923